

THE FAMILY PROJECT



**A BLUEPRINT FOR INTENTIONAL LIVING.**

Stop the Drift. Set Your House in Order. Build a Legacy.

An operating system for families who aspire to more than the default.

# Good families don't happen by default.

Families don't fail because they don't care; they fail because they drift. Without a system, entropy takes over.

- **Reactive Living:** Constantly putting out fires rather than building.
- **Misalignment:** Spouses operating as roommates rather than partners.
- **Outsourcing:** Surrendering the formation of children to screens, schools, and peers.



**The Drift**  
Blueprint Navy

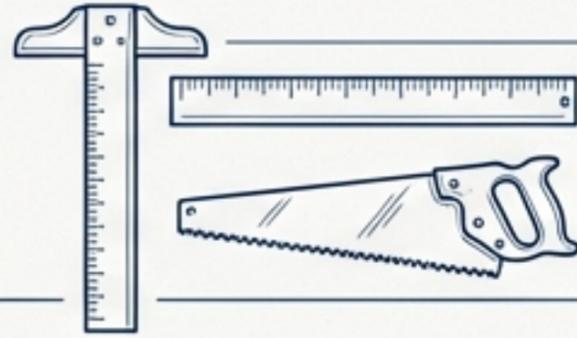


**Intentionality**  
Blueprint Navy

*If you don't define your values,  
the world will define them for you.*

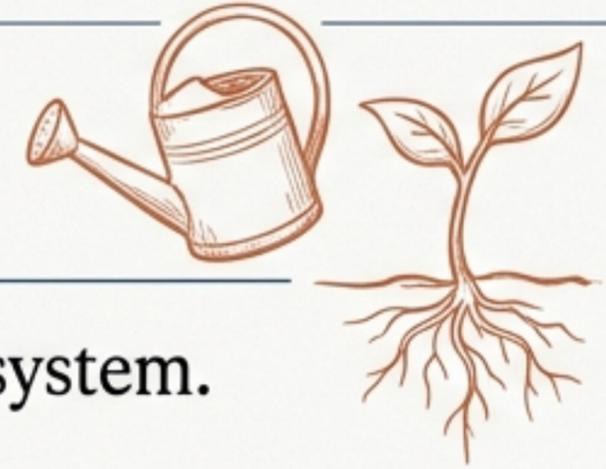
# Shift Your Mindset: From Carpenter to Gardener

## The Carpenter (Finite Game)



Goal: Control the outcome.  
“Measure twice, cut once.”  
Views the child as material to be molded.  
Focuses on winning the argument.

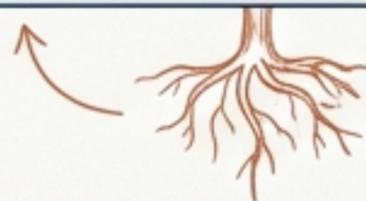
## The Gardener (Infinite Game)



Goal: Cultivate the ecosystem.  
“Prepare the soil.”  
Views the child as a unique seed.  
Focuses on keeping the relationship alive.

### Key concept

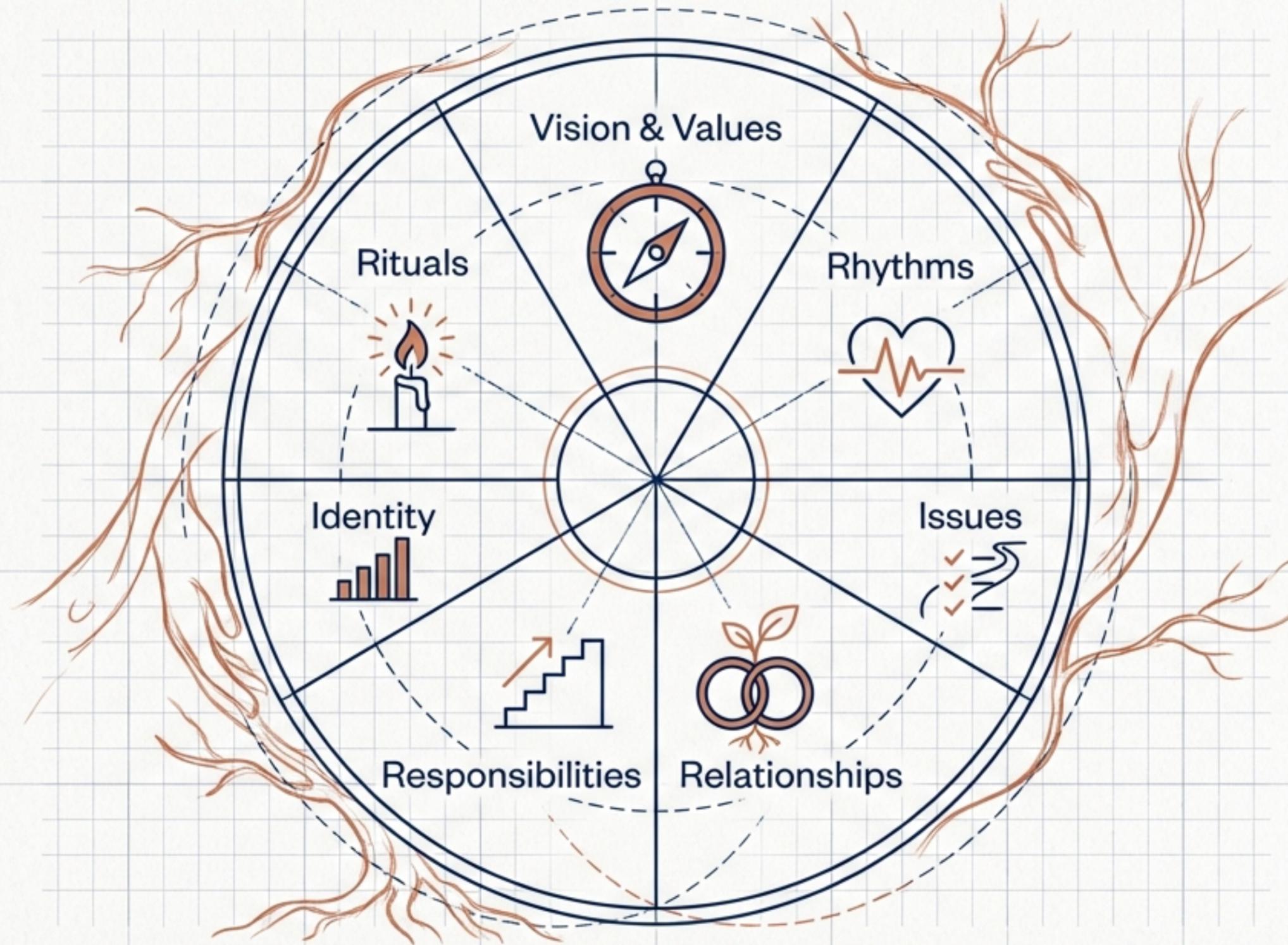
**The Finite Game is played to win.  
The Infinite Game is played to keep playing.**



We do not “win” at family. We set up conditions for growth.

# The 6-Element Operating System

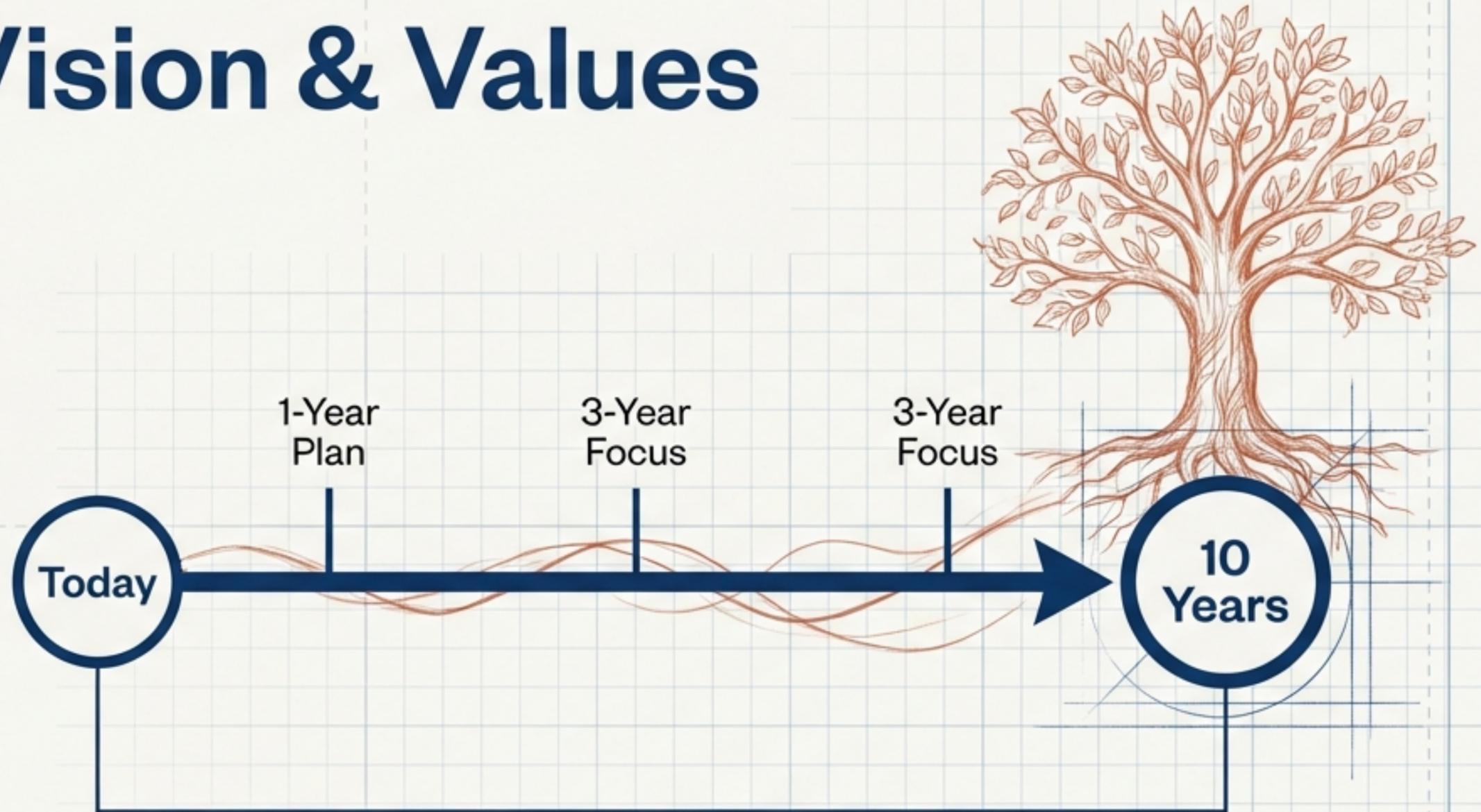
A comprehensive framework to move from chaos to clarity.



# Element 1: Vision & Values

## The Compass

Values are discovered, not created. Mine your personal history to find what you already embody.



The Vision/Values Organizer (VVO): A single page that aligns where you are going with who you are.

You will be tomorrow where your thoughts take you.

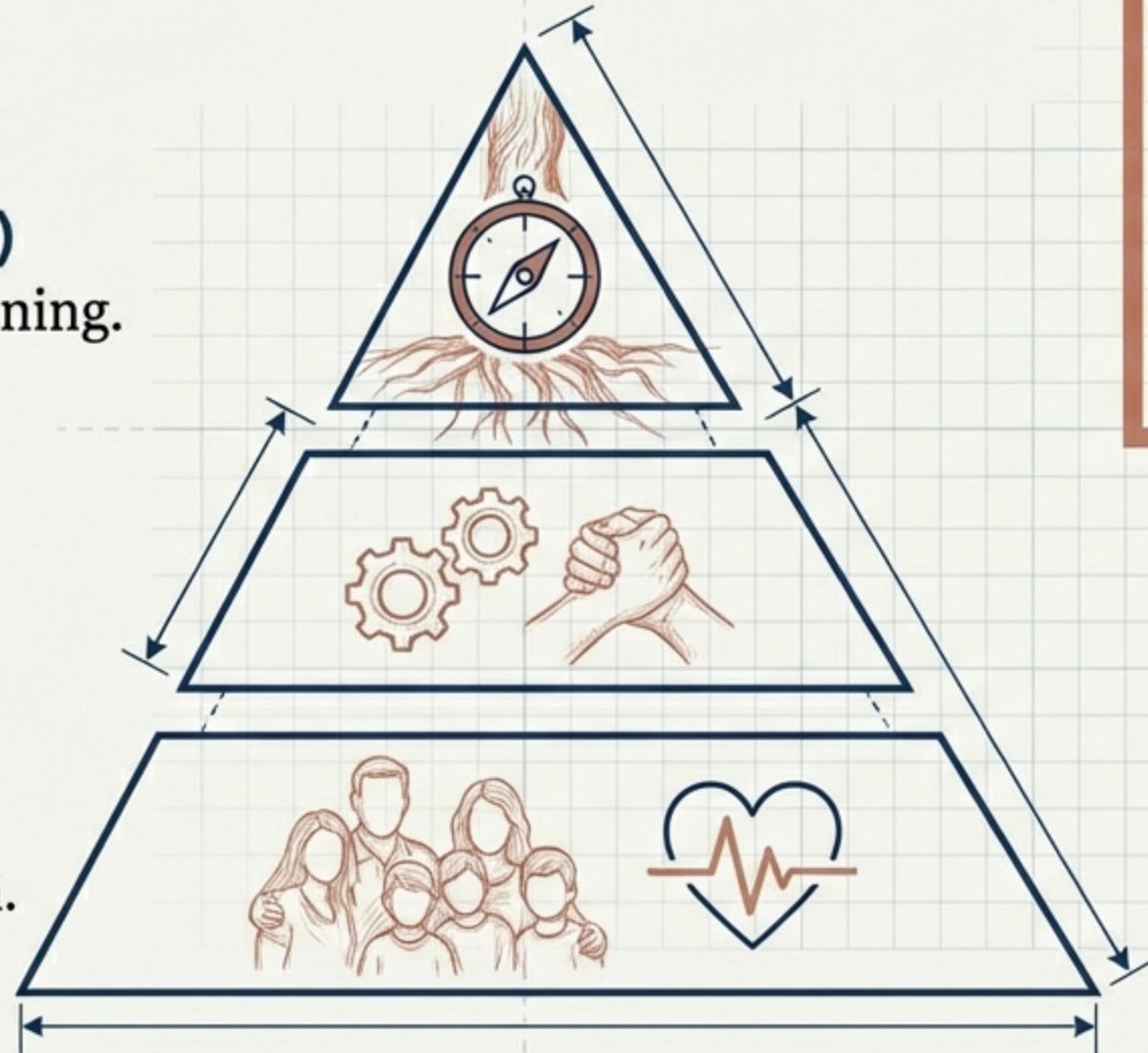
# Element 2: Rhythms

## The Heartbeat.

**The Retreat (Quarterly)**  
2 days away. Strategic planning.  
Working ON the family.

**The Synchro (Weekly)**  
1 hour. Spouse alignment.  
Logistics & Connection.

**The Huddle (Weekly)**  
45 mins. Family connection.  
Clearing the air.



**Core Principle:**  
Structure provides freedom. You cannot prioritize your schedule until you schedule your priorities.

# The Weekly Sync: 60 Minutes to Sanity.

A consistent rhythm for connection.

- 1. Pray & Celebrate (5 min) - Gratitude and wins.
- 2. Appreciate Spouse (5 min) - Specific feedback.
- 3. Open Share (15 min) - Listen, don't fix.
- 4. Logistics (15 min) - Calendar and To-Dos.
- 5. Address Issues (20 min) - Solve one core issue.

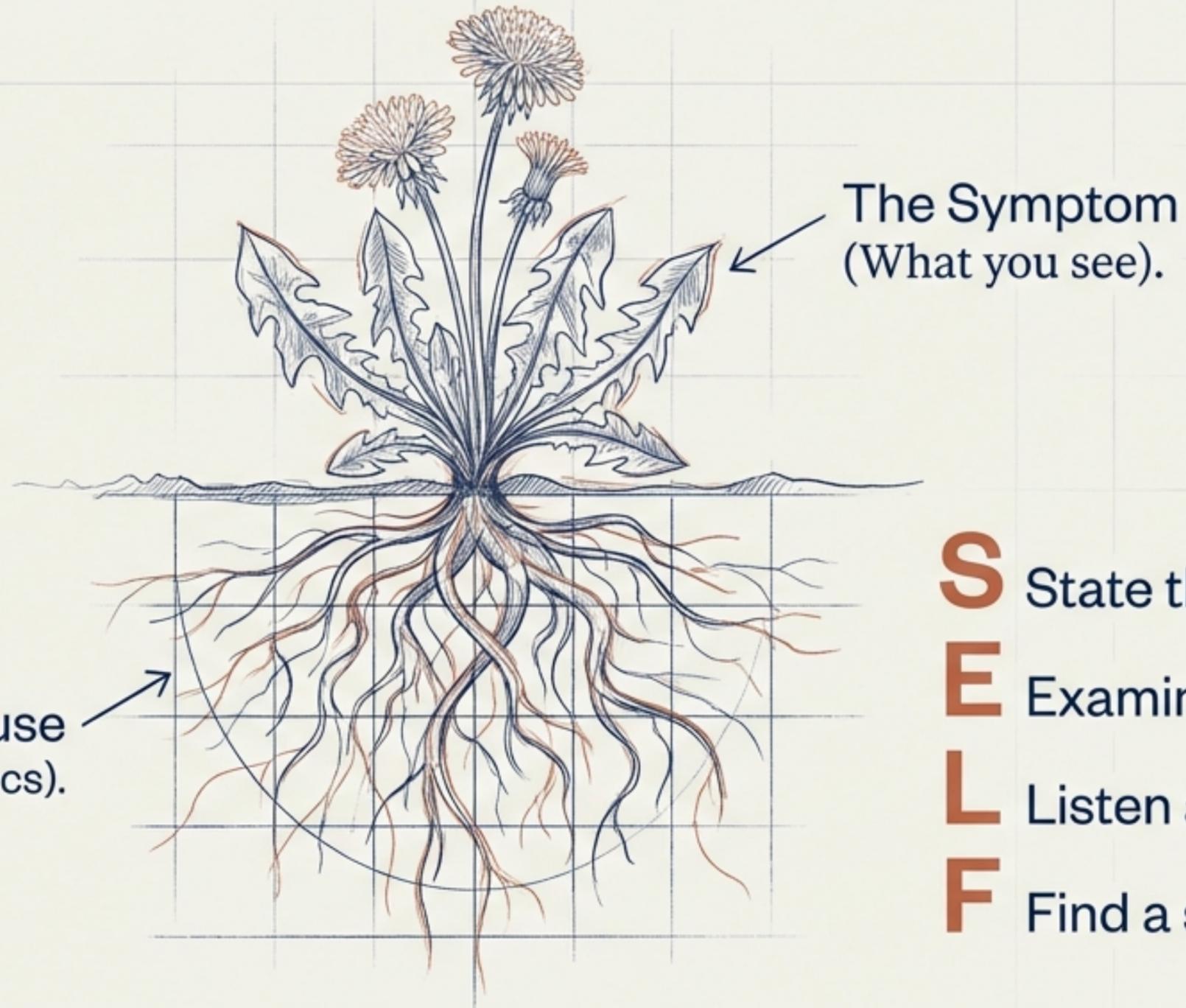
## Pro-Tip

Meet in private.  
Bring a notebook.  
No interruptions.



# Element 3: Issues.

## The Clearing.



The Symptom  
(What you see).

The Root Cause  
(Perspective, Emotion, Logistics).

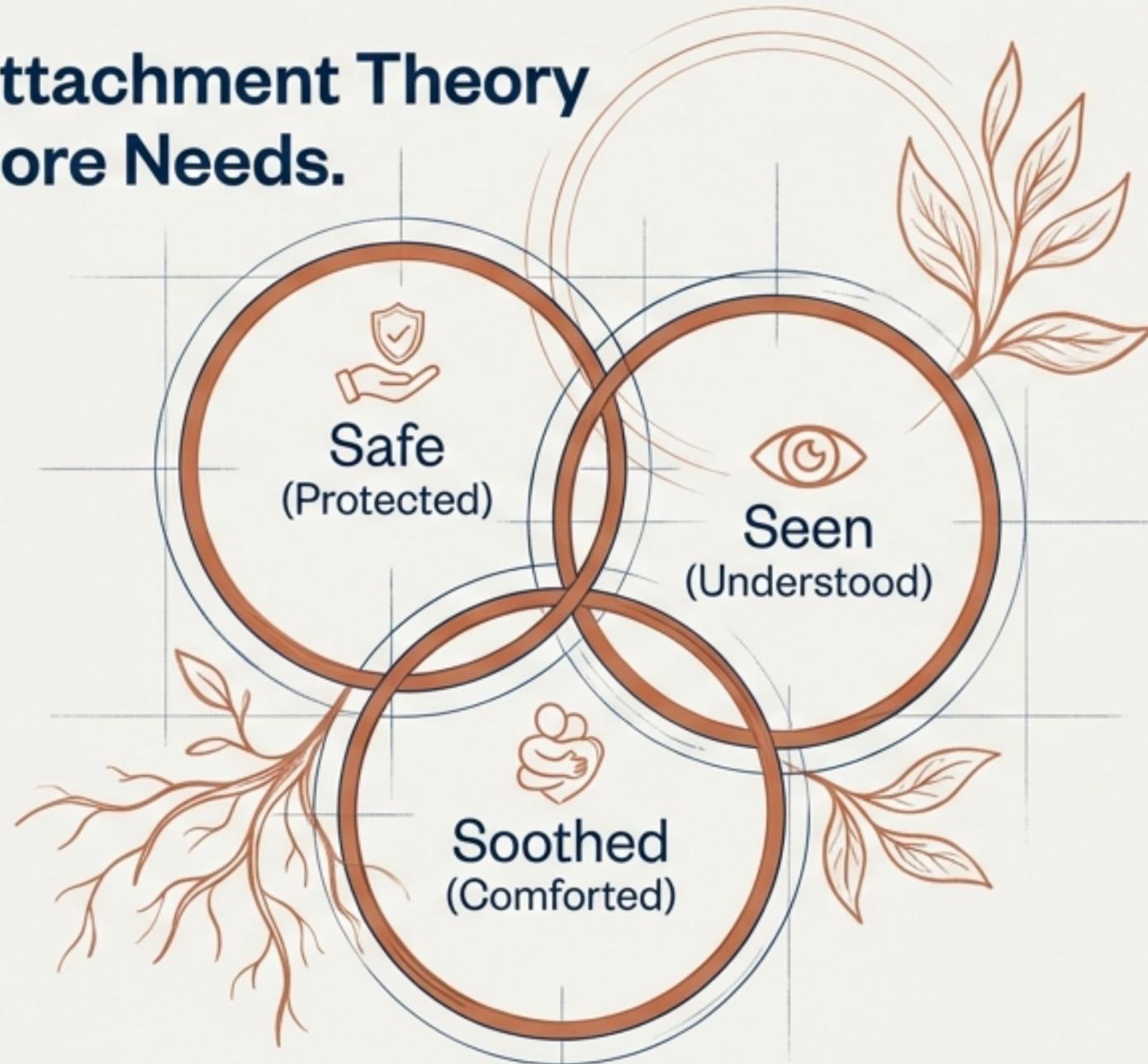
- S** State the issue.
- E** Examine the root cause.
- L** Listen and discuss.
- F** Find a solution.

Issues are good, mentionable, and manageable.  
Stop hacking at leaves and start digging at roots.

# Element 4: Relationships.

The Garden. in Lyon Text

## Attachment Theory Core Needs.



## The SEEN Process for Conflict.

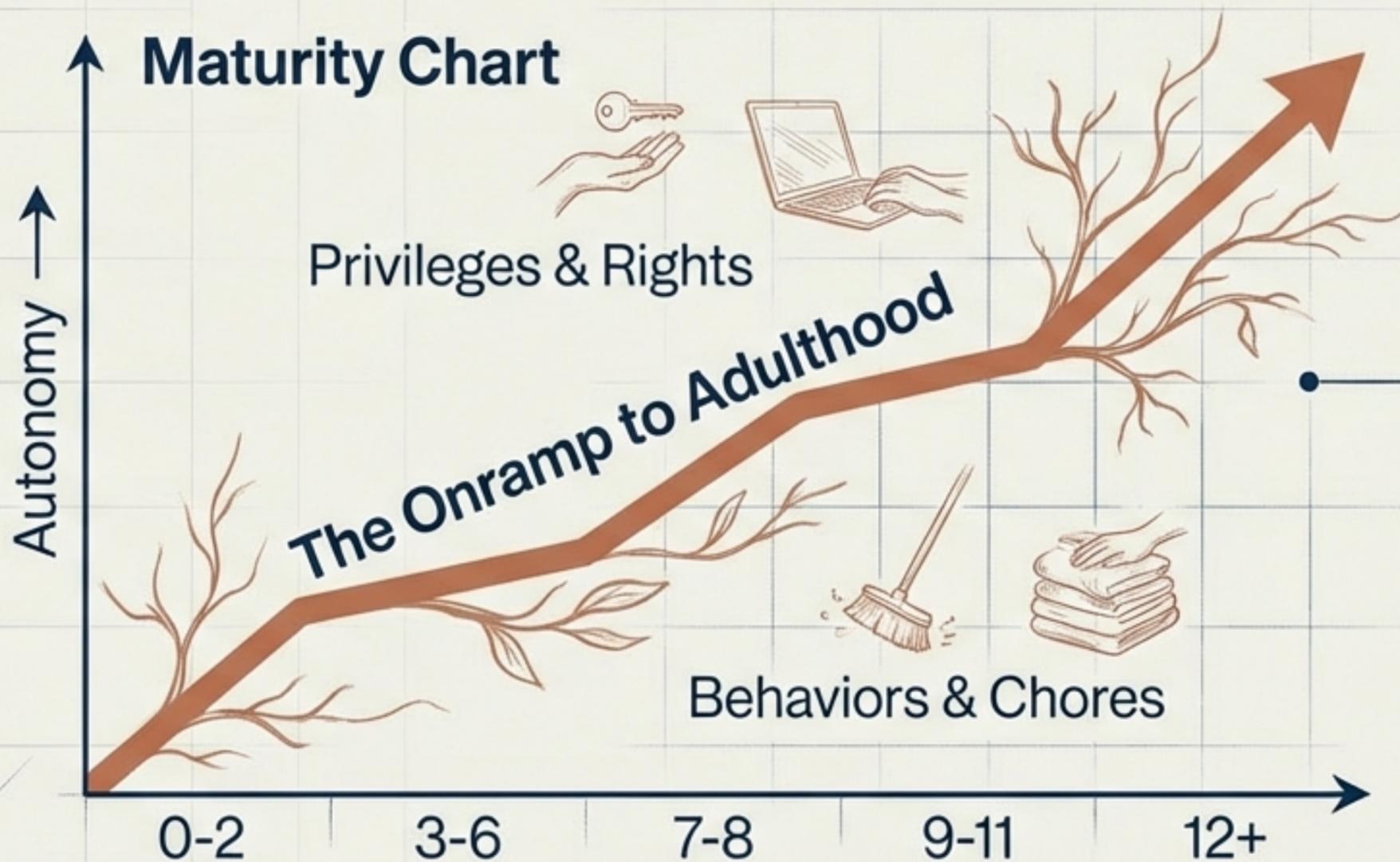
- **S** - Share feelings (Focus on 'I feel', not 'You did').
- **E** - Explore experience (My perspective).
- **E** - Empathize (Restate the other's feeling).
- **N** - Need to apologize? (Voluntary repair).



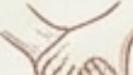
“Connection before correction.”

# Element 5: Responsibilities.

## The Onramp.



### Training Method

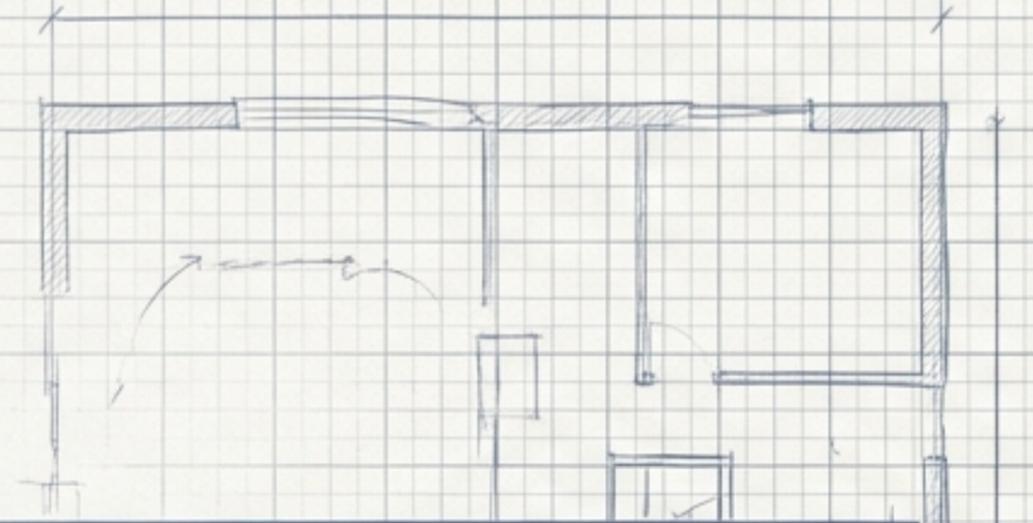
1. I do / You watch. 
2. I do / You help. 
3. You do / I help. 
4. You do / I watch. 

Move from Tyranny to Stewardship.

# Element 6: Rituals

## The Glue

Recurring events that convert values into physical experiences.



### Designed

Built backwards  
from the feeling



### Delightful

Incentivized with  
sensory joy



### Doable

Attached to  
existing habits

### 3 D's of Rituals

## Types of Rituals

Connection (Daily dinners)

Coming-of-Age (Age 8, 12, 16 transitions)

Community (Service & Holidays)



# Implementation: Overcoming Resistance



## Start Small.

The 15-Minute Sync. Don't install the whole OS at once.



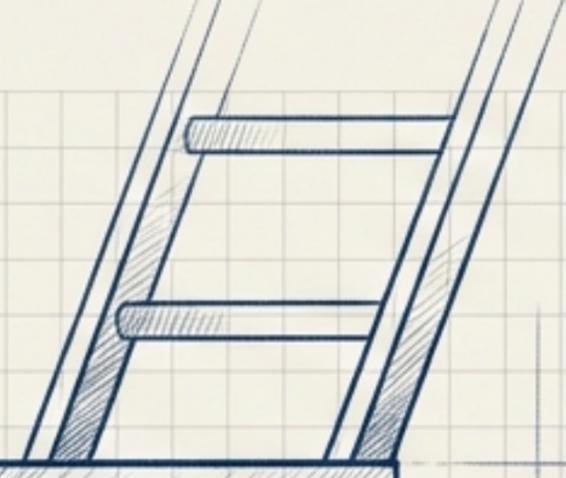
## Language Shift.

Use "We" not "You".  
"I feel like we are drifting."



## Appreciation.

Validate their hard work first.

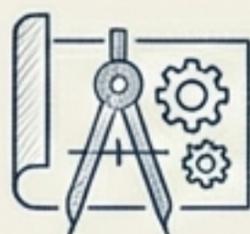


*Imperfect Progress.*

The Trap: One spouse wants to fix the family; the other hears criticism.  
The Solution: Invitation, not demand.

# The Toolbox: Don't Reinvent the Wheel.

Proven templates to bypass friction and start building immediately.



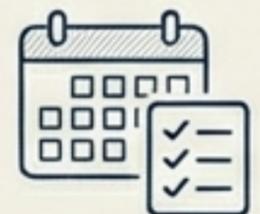
**Vision/Values Organizer**



**The Maturity Chart**



**Relationship Dashboard**

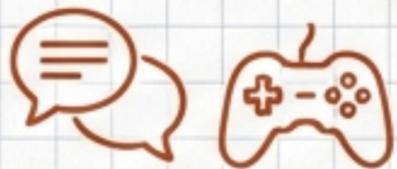


**Weekly Sync Agenda**

# What Success Looks Like.



**Marriage:**  
Aligned  
partners.



**Culture:**  
Safe conflict,  
prioritized fun.

FOUNDATION:	ANNUAL:
<b>Why</b> Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.	<b>BHAG - 5 Years Out</b> Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.
<b>Values</b> Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.	<b>Tactics To Integrate Values</b> Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliquam ram volutpat.
<b>Current Fiscal Year - Annual Goals</b> <ul style="list-style-type: none"><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.</li><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod.</li></ul>	<b>Current Fiscal Year - Critical Numbers</b> <ul style="list-style-type: none"><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.</li><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod.</li></ul>
<b>Current Fiscal Year - Critical Numbers</b> <ul style="list-style-type: none"><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.</li><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod.</li></ul>	<b>Current Fiscal Year - Implementation Items.</b> <ul style="list-style-type: none"><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod.</li><li>• Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore.</li></ul>

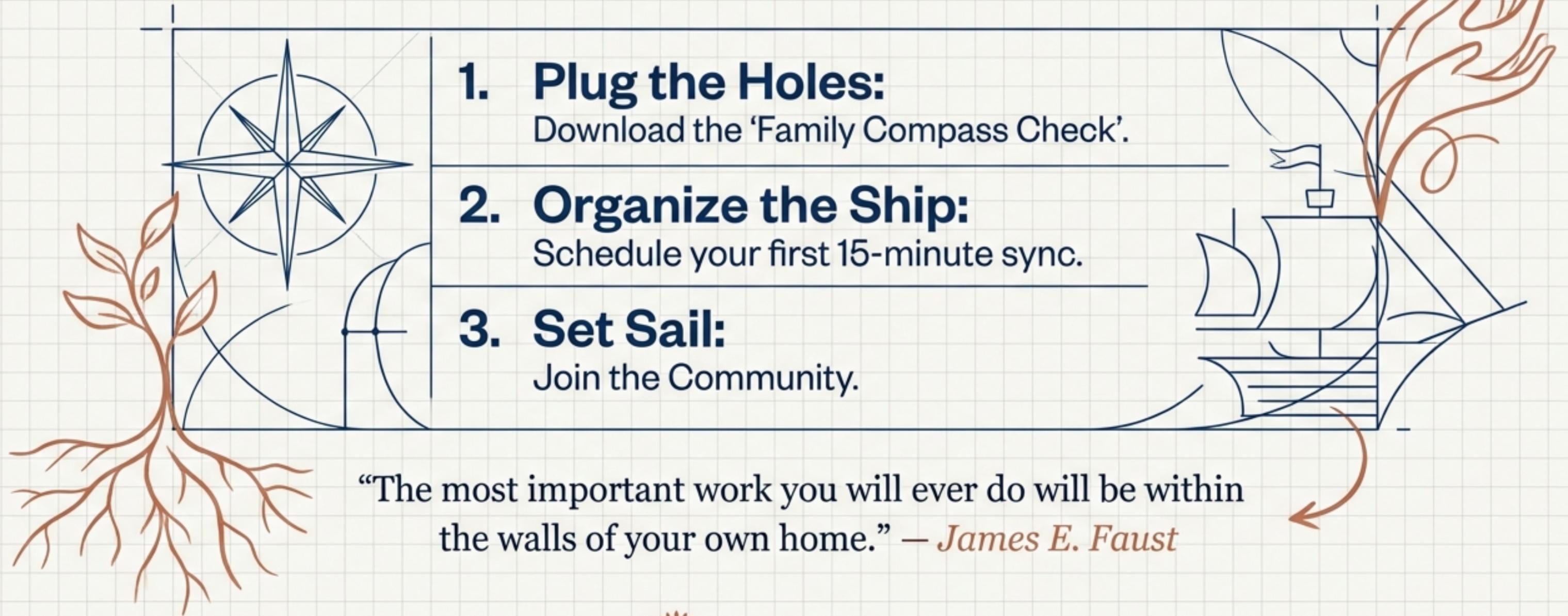


**Kids: High  
agency and  
responsibility.**



**Legacy:**  
Values transferred  
across generations.

# Start Your Build.



The Family Project

TheFamilyProject.com